

As so informed by the University of Colorado Anschutz Medical Campus (CU AMC) guide to restarting research operations, and local and state guidelines and orders, Central Colorado AHEC shall implement the following measures for CU AMC medical students, housing hosts, and those residing within host homes to ensure compliance with the above mentioned entities and safety of AHEC housing program participants, until such time that recommended guidelines are amended:

- Students shall wear a mask or facial covering while residing in the host home in shared areas, apart from their designated bedroom when physical distancing is not obtainable.
- Students shall regularly clean their mask or facial covering.
- If students, hosts, or anyone residing in the home become ill with known symptoms associated with COVID-19 (chills, cough, fever (100.4° F or greater), headache, loss of taste or smell, muscle pain, shortness of breath, or sore throat), students shall leave the host home without unreasonable delay, return to their primary residence for recovery, and notify the AHEC Housing Coordinator and University Academic Liaison within 24 hours
- Students exposed to, under quarantine for, or tested positive for COVID-19 must file a report [HERE](#) as required by the University.
- Students may return to the host home when:
 - Hosts or anyone residing within the home are compliant with all following guidance.
 - The host approves of the student's return.
 - Having received a negative COVID-19 test and is free of fever without the use of fever-reducing agents for 24-hours.
 - Having received a positive COVID-19 test and are free of fever (100.4° F or greater) for 72 hours without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants), other symptoms have improved, and at least seven (7) calendar days (14 calendar days for immunosuppressed) have passed since symptoms first appeared.
 - Having not received a positive COVID-19 test and are free of fever (100.4° F or greater), for 72 hours without the use of fever-reducing or other symptom-altering medicines (e.g. cough suppressants), other symptoms have improved, and at least seven (7) calendar days (14 calendar days for immunosuppressed) have passed since symptoms first appeared.
- Upon housing rotation completion, students and hosts should clean the assigned bedroom space in accordance with CDC recommendations (found [HERE](#)) using available EPA-approved cleaning agents. CCAHEC is not responsible, nor liable, for cleaning outcomes resulting from student and host efforts.

CCAHEC will communicate with hosts, students, and schools with any updates to this guidance. Any questions or concerns regarding this guidance can be addressed to Mitch Fittro, Education and Workforce Manager, by email at mitch@centralcoahec.org.

Resources

[CDC: What to Do If You Are Sick / Symptoms](#)

[CDC: Prevent Getting Sick](#)

[CU AMC: Campus COVID-19 Research Reconstitution](#)

[Colorado Safer at Home Order](#)