



AmeriCorps service positions enrich lives and provide members with transferable, life-long workforce skills. Learn more about this challenging opportunity and lifestyle.

MAKING THE LIVING ALLOWANCE LIVE-ABLE

# of Service Hours	Member Living Allowance	Segal Education Award
1,700 Hours (Full-time)	Up to \$13,732.00	\$5,920.00
900 (Part-time)	Up to \$6,866.00	\$2,960.00

- **LIHEAP** – Low Income Home Energy Assistance Program may help with household energy bills for residents of Colorado (determined by each community’s LIHEAP office).
- **SNAP** – Supplemental Nutrition Assistance Program provides food benefits and access to a healthy diet for low income household.
 - Cook for yourself vs. eating out
 - Plan ahead and enter the grocery store armed with a list!
 - Buy foods in season, locally, and in bulk when possible
 - Work the system – strengthen your coupon game
 - Freeze everything to reduce waste
- Utilize community resources
 - Libraries do not just circulate books. Check out audiobooks, DVDs, CDs, iPads, WIFI routers, museum passes, recreation equipment, and even state park passes!
 - Most communities offer free or cheap entertainment including concerts, museum free days, fairs, etc.
- Create and stick to a budget
- **VITA** – Volunteer Income Tax Assistance program and Tax Help Colorado have sites across Colorado that provide free tax preparation.
- Google “How to live on an AmeriCorps stipend” for even more ideas!



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MEMBER BENEFITS

- **Segal Education Award** – for Members that successfully complete all part-time or full-time service hours.
 - Members can use this award to pay educational expenses at qualified institutions of higher education, for educational training, or to repay qualified student loans.
 - Claim the award up to seven years after term of service.
 - Members who are 55 years and older are eligible to transfer their award to a child, grandchild, or foster child.
- Members are granted **2 sick days and 3 personal days**.
- **Worker’s Compensation Insurance Benefits** – provided to members at no cost and covers any service-related injury or illness.
- **Public Loan Forgiveness** – helps to make repaying education loans more affordable for low-income borrowers.
- **Student Loan Deferment and Forbearance** – Service Members may be eligible for temporary deferred student loan payments while in service. Upon successful completion of service, all or a portion of accrued interest during service will be paid by the Corporation for National and Community Service. Some restrictions apply.
- **AmeriCorps Health Care Policy** – Full-time Members are eligible for free individual health care that meets the Affordable Care Act’s minimum essential coverage.
- **Member Assistance Program** – Members have access to counseling services for the duration of service. Member assistance is free, confidential, and available 24/7.
- **Child Care Assistance** – Full time Members who are not currently receiving child care assistance (including parent or guardian) with qualified dependents are eligible for assistance.



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LIFE AFTER AMERICORPS

Service hours will support, train, and coach Members in the development of beneficial workforce skills including:

- Program development, delivery, and evaluation
- Classroom/group facilitation and management
- Partnership development and maintenance
- Volunteer recruitment and management
- Community engagement, event planning, and marketing

IMPORTANT RESOURCES TO REVIEW

- AmeriCorps: www.nationalservice.gov/programs/ameri-corps
- Central Colorado Area Health Education Center: <http://www.centralcoahec.org>
- Colorado Consortium for Prescription Drug Abuse Prevention: www.corxconsortium.org
- Colorado Attorney General's Office: <https://coag.gov/>
- Rise Above Colorado: www.riseaboveco.org
- Serve Colorado: www.colorado.gov/servecolorado
- Corporation for National & Community Service: www.nationalservice.gov/

CONTACT INFORMATION

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